Spinal Evaluation and Adjustment -- all MUST be demonstrated on video; some must be explained in writing.

This is for a daily visit where the doctor is assessing the spine and delivering a spinal adjustment. It is NOT looking for general outcome assessment metrics (e.g.: global range of motion, cranial nerve tests). It is looking for subluxation assessment metrics (e.g.: short leg, palpation, cord tension).

The ICPA doctor must:

- Develop rapport and connection with the patient.
  - Pay attention to cues that the patient is not resistant to the adjustment
  - Ensure eye-to-eye contact
  - Speak “with” the patient rather than “about” the patient

- Demonstrate sensitivity to patient’s physiology and honor the patient’s needs.
  - Evaluation process should not create distress in the patient
  - Work “with” patient rather than “on” patient

- Describe and detail a logical algorithm of a spinal analysis utilizing techniques taught in ICPA curriculum.
  - Write out your system of analysis in a simple algorithm
  - Demonstrate and speak through your analysis

- Have logic in determining area(s) to adjust.
  - Validate how you determine where to adjust, what vector and what type of force

- Demonstrate critical thinking.
  - Write out how you integrate your analysis, assessment, and adjustment
  - Explain verbally how you integrate your assessment

- Offer a specific force application to the patient
  - Demonstrate force applications with minimal rotation and minimal force

- Perform a post check.
  - Ensure that an improvement was made in the functionality of the patient’s physiology from your adjustment.